



Compassion-in-Action, Inc. (CnA)

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www.CnAco.org

a Colorado based, all-volunteer, nonprofit corporation, an IRS 501(c)(3) tax-exempt organization, founded 2017, promoting the simple principle that compassionate behavior, in any form, inclusive to everyone, circles back to become its own reward.

CnA's 2025 Gratitude Report Compassion-in-Action during 2025

In 2025, CnA volunteers made 12 food-related donation deliveries to five local and area nonprofit food pantries, with a focus on smaller, volunteer-driven entities, covering multiple programs under the expansive umbrella of CnA's *Help Us Feed Those in Need* campaigns.

Here's a summary of all CnA's *Help Us Feed Those in Need* campaigns for 2025:

12 total food pantry deliveries to five nonprofits in Colorado Springs and Denver:

Total weight of food donated: 3,272 pounds;

Provided 51,358 servings: with a focus on high protein basic staples, peanut butter, mixed with other basics (rice, beans and sugar), and holiday treats, via CnA's *Cookies for Christmas*.

Net cost per serving were driven down to less than 4-cents (from 7-cents in 2024), on average, providing over 28 servings per each dollar spent by CnA, better than competitive pricing when compared to major nonprofit operations, such as Food Bank of the Rockies.

Average, net, cost to CnA, cumulative for all food-related purchases, after all discounts and corporate grants: 66.2% which equals a 33.8% reduction off from the regular grocery item prices, on average, which has been further reduced by CnA's joint-venture partnerships. For example:

(1.) CnA's *Pack That Pantry - with Peanut Butter* - Launched in May '24, this campaign, which has CnA matching donations from the Benet Hill Monastery (BHM) community, has delivered 4,500+ lbs. of this low-sugar, high protein, food staple, providing 63,500+ servings, while at the same time reducing CnA's financial donor costs. For example, CnA's average cost per lb. of PB is \$1.29 (vs. \$1.98 at Walmart), for 2,882 lbs. purchased, with a 1 lb./16 oz. jar the requested size by nonprofits. This is cut 50% by BHM's donations (in-kind and cash) that are then granted to CnA for further processing and final distribution.

Here's some photos at Benet Hill Monastery, covering previous Peanut Butter Sunday collections:



Cumulative, here's the summation of all food donations for CnA's *Help Us Feed Those in Need* campaigns over the last 37-months, from inception on Thanksgiving 2022 to year-end 2025:

Total of 34 food pantry deliveries to six nonprofits in Colorado Springs and Denver;

Total weight of food donated; 10,084 pounds;

Provided 144,567 servings: with a focus on basic staples, such as flour, rice, beans, sugar, canned veggies and peanut butter, mixed with holiday treats;

(2.) New in 2026, CnA's *Help Us Feed Those in Need - Rice, Beans & Sugar...* With the massive federal cuts last year to various food, and health care, assistance programs, we created a second joint-venture relationship with three nonprofit food pantries, with their volunteers breaking CnA's bulk donations, usually in 25-50 lb. bags, into smaller portions for redistribution to the hungry people they serve.

In October, CnA made an initial delivery of 240 lbs. / 7,340 servings, with a cost of just \$0.022 cents per serving, providing over 45 servings per CnA donor dollar. Our 2026 goal is to deliver 3,600 lbs. of these staples, averaging 300 lbs. per month, with each nonprofit receiving 1,200 lbs. for the year.

Here's an indication of just how cost-efficient this new program will be for CnA's financial donors:

1. Rice, purchased in 25 lb. bags at Costco, with discount, costs \$0.84 per 2-lb. bag. This compares to \$1.77 per 2-lb. bag at Walmart, or 53% less, with no added overhead;

2. Pinto Beans, purchased in 50 lb. bags at Gordon's Food Supply (wholesaler) costs just under \$1.02 per 2-lb. bag. This compares to \$1.98 for a similar bag at Walmart, or nearly 49% less;

3. Sugar, with over 1,100 lbs. purchased so far (inventory > 1,000) has cost \$2.07 for a 4-lb. bag, compared to \$3.46 for the same size bag at Walmart. This is a 41% discount from Walmart, even more when compared to a premium label, such as C&H, which costs \$3.94 at Walmart for a similar 4-lb. bag.

In sum, we buy rice with a 53% savings from Walmart, pinto beans with a 49% discount, and our already purchased sugar, discounted by 41%, compared to the nation's largest grocer, and industry price leader.

(3.) CnA's Help Us Help Those in Need - Essential Clothing and More continued in 2025, making three donation deliveries to three local and regional nonprofits, providing new clothing, related personal necessities, to those in-need, focusing on bath towels, women's tops and pants, and basic winter knitwear.

Most new clothing and essentials, new with tags attached, came from Macy's closeout sales, with an average savings of nearly 70% off retail. Custom, hand-crafted, high-quality, knitwear came from in-kind donations from three CnA volunteers, who gave their time, talent and donated materials.

Cumulative total donations have an estimated retail value of \$5,314, with the largest donation, 164 items (of 258 total), going to help homeless vets, a program by the Veterans Administration, and run locally by Salvation Army, aimed to help these unhoused regain a fresh start - employment, housing and community.

(4.) CnA volunteers donate all related delivery activities, including transportation, and other labor costs. As a result of incurring no overhead costs, 100% of financial donations go towards helping feed the hungry and clothe the unhoused. All contributions regardless of size, are treated with the highest fiduciary standards, in strict accordance with CnA's stated founding principles and operating guidelines. All donations are deemed tax-deductible absent any limitations on deductibility applicable to an individual taxpayer. No goods or services are provided in exchange for contributions.

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with nonprofit outreach efforts in Colorado, throughout the USA, and Globally since 2017.